

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
State WASHINGTON

8. Private duty nursing services.
- (1) Require prior approval.
 - (2) Must be provided by a registered nurse or licensed practical nurse.
 - (3) Must be under the direction of a physician.
 - (4) Limited to a non-institutional setting.
10. Dental Services
- (1) Limited to medically necessary treatment for relief of pain and infection, restoration of teeth, and maintenance of dental health.
 - (2) Orthodontic treatment is limited to recipients of EPSDT.
11. Physical therapy and related services.
- a. Physical therapy

Allowed as an inpatient hospital service or when provided by a home health agency. Period of home health agency service reviewed and limited by the State.
 - b. Occupational therapy

Allowed as an inpatient hospital service or when provided by a home health agency. Period of home health agency service reviewed and limited by the State.
- 12.a. Prescribed drugs.
- (1) Limited to contracted manufacturers.
 - (2) Other drugs when approved.

TN # 91-25
Supersedes
TN # 85-20

Approved: 1/14/92

Effective: 12/1/91

State/Territory: WASHINGTON

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED
MEDICALLY NEEDY GROUP(S): ALL

- c. Prosthetic devices.
☒ Provided: ☐ No limitations ☒ With limitations*
- d. Eyeglasses.
☒ Provided: ☐ No limitations ☒ With limitations*
13. Other diagnostic, screening, preventive, and rehabilitative services, i.e., other than those provided elsewhere in this plan.
- a. Diagnostic services.
☐ Provided: ☐ No limitations ☐ With limitations*
- b. Screening services.
☐ Provided: ☐ No limitations ☐ With limitations*
- c. Preventive services.
☒ Provided: ☐ No limitations ☒ With limitations*
- d. Rehabilitative services.
☒ Provided: ☐ No limitations ☒ With limitations*
14. Services for individuals age 65 or older in institutions for mental diseases.
- a. Inpatient hospital services.
☒ Provided: ☒ No limitations ☐ With limitations*
- b. Skilled nursing facility services.
☒ Provided: ☒ No limitations ☐ With limitations*

*Description provided on attachment.

TN No. 1111
Supersedes
TN No.

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12. b. Dentures

Prior approval for cast base partial dentures

c. Prosthetic devices

1. Prior approval

2. Hearing aids not provided

d. Eyeglasses

1. Contact lenses and two pairs of glasses instead of bifocal or trifocal lenses
- require prior approval.

2. Sunglasses, photochromatic or varalux type lenses and orthoptics
therapy are not provided.

3. Group screening for eyeglasses is not permitted.

4. Limited to one refraction and one pair of glasses in a twelve-month period
except in extenuating circumstances when medically necessary.

13. c. Preventative services

Rabies shots. Approval required.

13. d. Rehabilitative services

1. Physical medicine and rehabilitation as requested and approved.

TN# 00-011

Supersedes:

TN# 95- 16

Approval Date: 10/16/00 Effective Date: 10/1/00

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2. Alcohol detoxification is limited to three days in certified facilities which are:
 - (a) Within the physical location and the administrative control of a general hospital; or
 - (b) Freestanding facilities established to provide this service.
3. Drug detoxification is limited to five days in certified facilities which are:
 - (a) Within the physical location and the administrative control of a general hospital; or
 - (b) Freestanding facilities established to provide this service.
4. Adult Day Health is not provided.
5. Chemical dependency treatment provided in certified programs.
6. Medical services furnished by a school district:
 - (a) Including evaluation, screening and assessment component for those students under consideration for an Individual Education Program or Individualized Family Service Plan; or
 - (b) Identified as part of a handicapped child's Individual Education Program or Individualized Family Service Plan.

Services to be provided will be physical therapy, speech therapy, occupational therapy, audiology, psychological services, counseling, and nurse services. Licensed/certified/classified personnel will provide services.

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ATTACHMENT 3.1 – B

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13. d. Rehabilitative Services (continued)

7. Mental Health services furnished by state licensed Mental health Centers. These services must be provided to reach the goals of an Individualized Service Plan. The services to be provided are crisis services, stabilization services, intake evaluation, special population evaluation, interdisciplinary evaluation for a nursing home resident, psychological assessment, medication management, individual treatment services, group treatment services, adult day treatment, adult acute diversion services, children and adolescent day treatment, and child and adolescent acute diversion services, family therapy, and critical mental health services. The payment rates are established per Attachment 4.19 – B XVIII

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REVISION

ATTACHMENT 3.1-B
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13. d. (cont.)

8. Therapeutic child care to treat psycho-social disorders in children under 21 years of age based on medical necessity. Services include: developmental assessment using recognized, standardized instruments; play therapy; behavior modification; individual counseling; self esteem building; and family intervention to modify parenting behavior and/or the child's environment to eliminate/prevent the child's dysfunctional behavior. Prior approval is required. Payment rates are established per section X of Attachment 4.19-B.

Line staff, responsible for planning and providing these services in a developmentally appropriate manner, must have an AA degree in Early Childhood Education or Child Development or related studies, plus five years' of related experience, including identification, reporting, and prevention of child abuse and/or neglect.

Supervisory staff must have a BA in Social Work or related studies, plus experience working with parents and children at risk of child abuse and/or neglect. Experience can be substituted for education using a 2:1 ratio. Their responsibilities are for development, implementation and documentation of treatment plans for each child.

Agencies and individual providers must be approved as meeting Medicaid agency criteria and certification requirements under state law as appropriate.

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TN#	DATE TO CO.
COMMENTS	

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13. D. (Cont.)

9. Behavior Rehabilitation Services.

Behavior rehabilitative services are provided to children to remediate debilitating disorders, upon the certification of a physician or other licensed practitioner of the healing arts within the scope of their practice within state law. Prior approval is required.

Service Description

Specific services include milieu therapy, crisis counseling and regularly scheduled counseling and therapy, as well as medical treatment.

Milieu therapy refers to those activities performed with children to normalize their psycho-social development and promote the safety of the child and stabilize their environment. The child is monitored in structured activities which may be recreational, rehabilitative, academic, or a variety of productive work activities. As the child is monitored, intervention is provided to remediate the dysfunctional behaviors and encourage appropriate responses in a broad range of settings.

Crisis counseling is available on a 24 hour basis, providing immediate short term intervention to assist the child in responding to the crisis and/or stabilize the child's behavior until problems can be addressed in regularly scheduled counseling and therapy sessions.

Regularly scheduled counseling and therapy, as well as psychological testing, is provided. The purpose of which is to remediate specific dysfunctions which have been explicitly identified in a continually updated formal treatment plan. Therapy may be in an individual or group setting. It may be directed toward the child alone, the child within his/her biological or adopted family, or the child within his/her peer group.

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13. D. 9. (Cont.)

Medical treatment may also be provided. Twenty-four hour nursing is provided for children who are medically compromised to such an extent that they are temporarily unable to administer self care and are impaired medically/developmentally beyond the immediate caretaker's ability to provide medical/remedial care.

Population to be Served

Children who receive these services suffer from developmental disabilities and behavioral/emotional disorders that prevent them from functioning normally in their homes, schools, and communities. They exhibit such symptoms as drug and alcohol abuse; anti-social behaviors that require an inordinate amount of intervention and structure; sexual behavior problems; victims of severe family conflict; behavioral disturbances often resulting from psychiatric disorders of the parents; medically compromised and developmentally disabled children who are not otherwise served by the state agency's Division of Developmental Disabilities; and psychological impairments.

Provider Qualifications

Social Service Staff: Responsibilities include development of service plans; individual, group, and family counseling; and assistance to child care staff in providing appropriate treatment for clients.

The minimum qualification is a Masters Degree in social work or a closely allied field.

Child Care Staff: Responsibilities include assisting social service staff in providing individual, group, and family counseling; and therapeutic intervention to address behavioral and emotional problems as they arise.

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13. D. 9. (Cont.)

Minimum qualifications require that no less than 50% of the child care staff in a facility have a Bachelors Degree. Combinations of formal education and experience working with troubled children may be substituted for a Bachelors degree.

Program Coordinator: Responsibilities include supervising staff, providing overall direction to the program and assuring that contractual requirements and intents are met.

Minimum qualifications are to be at least 21 years of age with a Bachelors Degree, preferably with major study in psychology, sociology, social work, social sciences, or a closely allied field, and two years experience in the supervision and management of a group care program for adolescents.

Counselor: Responsibilities include case planning, individual and group counseling, assistance to child care staff in providing appropriate treatment for clients, coordination with other agencies, and documentation of client progress.

Minimum qualifications are to be at least 21 years of age possessing a Master's Degree with major study in social work or a closely allied field and one year of experience in the care of troubled adolescents or, a Bachelor's Degree with major study in social work, psychology, sociology, or a closely allied field and two years experience in the care of troubled adolescents.

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13. D. (Cont.)

10. Family Preservation Services

DESCRIPTION

FPS are intensive, time-limited, mental health rehabilitation services. They are home-based therapeutic interventions designed to ameliorate behavioral and emotional impairment of children. They are implemented according to an individualized Rehabilitation Service Plan (Plan) developed and monitored by an interdisciplinary team made up of health professionals, the child's family or legal guardian, and the individual.

ELIGIBILITY

Reimbursement shall be made only for FPS provided to individuals who have been certified in writing as needing these services by a licensed practitioner of the healing arts. The certification for medical necessity must show a need for services that will ameliorate behavioral or emotional impairment and prevent placement in a more restrictive setting.

The certification must:

- 1) be based on appropriate clinical data and assessment of the individual;
- 2) delineate the duration of the services; and
- 3) specify that the individual needs the services offered by the FPS program.

INDIVIDUAL PROGRAM PLAN DEVELOPMENT AND DOCUMENTATION

An individualized plan of service will be developed for each child in the program. It will be designed by an inter-disciplinary team consisting of a program supervisor, health professionals, the child, and a family member or legal guardian. The specific make-up of the team will be based on the individual child's needs.